

Spectrum Professional Development 2012

Spectrum Professional Development Workshops are designed primarily for staff within public Mental Health Services funded by the Victorian State Government. Some workshops are open to staff from other organisations. See www.spectrumbpd.com.au for details.

SPECTRUM SUPERVISION GROUP

Monday 13th Feb then fortnightly til Dec 2012
Group Leader: Radmila (Rada) Semec Venue: Carlton

FOUNDATION WORKSHOP: UNDERSTANDING AND TREATING PEOPLE WITH A DIAGNOSIS OF BORDERLINE PERSONALITY DISORDER

Wednesday 14 March, 9.30am-4.30pm
Presenters: Debbie Dick & Julian Browne Venue: Treacy Centre

ACCEPTANCE AND COMMITMENT THERAPY (ACT) WORKSHOP (INTRODUCTORY WORKSHOP)

Thursday 22 March, 9.30am-4.30pm
Presenters: Michelle Gopold & Katie Wyman Venue: Treacy Centre

ACCEPTANCE AND COMMITMENT THERAPY (ACT) SUPERVISION GROUP FOR INDIVIDUAL WORK

Monthly on Thursdays 2.00pm-4.00pm (April 26, May 31, June 28, July 26, Aug 30, Sep 23, Oct 25, Nov 29)
Facilitators: TBA Venue: TBA

LEARNING MORE ABOUT BORDERLINE PERSONALITY DISORDER - A WORKSHOP FOR FAMILIES

Wednesday 9 May, 9.30am-4.30pm
Presenters: Debbie Dick & Jan Giffin Venue: Treacy Centre

MANAGING BORDERLINE PERSONALITY DISORDER PATIENTS IN INPATIENT UNIT SETTINGS

Tuesday 22 May, 9.30am-4.30pm
Presenters: Dr Sathya Rao & Spectrum Residential Unit Staff. Venue: Treacy Centre

CLIENT CENTRED SECONDARY CONSULTATION AND SYSTEMS OF CARE

Wednesday 30 May, 9.30am-4.30pm
Presenter: Jan Giffin Venue: Treacy Centre

INTRODUCTION TO BORDERLINE PERSONALITY DISORDER: FOR MENTAL HEALTH CLINICANS (this workshop may be useful as an introduction on BPD before attending the 4th June workshop)

Friday 1 June, 9.30am-4.30pm
Presenter: Robert Trett Venue: Mindful Centre

IT DOESN'T HAVE TO BE THERAPY TO BE THERAPEUTIC: FOR STAFF IN CLINICAL MENTAL HEALTH

Monday 4 June, 9.30am-4.30pm
Presenters: Kelly McMahon & Kate Cooke Venue: Mindful Centre

ACCEPTANCE AND COMMITMENT THERAPY (ACT) WORKSHOP (ADVANCED) (see website for Pre-requisite)

Thursday 14 June, 9.30am-4.30pm
Presenters: Michelle Gopold & Hita Mistry Venue: Treacy Centre

TREATMENT PLANNING, DEMONSTRATION WORKSHOP AND CASE EXAMPLES

Tuesday 26 June, 9.30am-4.30pm
Presenters: Dr Sathya Rao & Jan Giffin Venue: Treacy Centre

CLINICAL SEMINAR SERIES: WORKING WITH CLIENTS WITH A PERSONALITY DISORDER

18 July then fortnightly til 12 September (5 sessions), 9.30am- 12.00pm
Presenters: Harry Constantinou & Peta Welsh Venue: Treacy Centre

INTRODUCTION TO BORDERLINE PERSONALITY DISORDER: FOR PDRS WORKERS (this workshop may be useful as an introduction on BPD before attending the 20th August workshop)

Friday 17 August, 9.30am-4.30pm
Presenter: Robert Trett Venue: Mindful Centre

IT DOESN'T HAVE TO BE THERAPY TO BE THERAPEUTIC: FOR PDRS WORKERS

Monday 20 August, 9.30am-4.30pm
Presenters: Kelly McMahon and Kate Cooke Venue: Mindful Centre

WORKSHOP FOR PSYCHIATRISTS: WHAT WORKS AND WHAT DOESN'T FOR BPD: FINDINGS FROM CLINICAL EXPERIENCE AND RESEARCH

Friday 7 September, 9.00am-4.30pm
Presenters: Dr Sathya Rao & Dr Jo Beatson Venue: Mindful Centre

UNDERSTANDING AND TREATING SELF HARM WITH PERSONALITY DISORDERED CLIENTS

Friday 14 September, 9.30am-4.30pm
Presenters: Robert Trett & Kate Cooke Venue: Mindful Centre

Workshop Arrangements (unless otherwise stated on the website) :

- Venues: Treacy Conference Centre in Parkville, Mindful Centre in Flemington
- Catering provided for full day workshops
- Registration forms are available on the Spectrum website

- Costs: Most Full day workshops - \$99 per session for clinicians from Victorian Area Mental Health Services, \$176 for all others. Some workshops and series have varying fees, please see website for details.
- Enquiries to Training Co-ordinator at Spectrum

Introductory workshops on bpd will be held in conjunction with the three mental health training & professional development clusters - Southern, North Eastern and Western. See Spectrum website for dates and booking details

Introductory workshops on bpd will be held in conjunction with Vicserv for staff from PDRS. see www.vicserv.org.au for details