Borderline Personality Disorder: Expression, Impact and Treatment across Life Stages

A conference for mental health professionals

SPECTRUM ANNUAL CONFERENCE

Human Personality undergoes continuous development and modification in response to maturation and environmental factors. Contemporary research recognises that Borderline Personality Disorder (BPD) changes across the life stages.

This conference will consider the prevention, diagnosis, early intervention and treatments across life stages, with eminent speakers presenting on BPD from childhood, through adolescence and adulthood to older age. Three concurrent workshops have also been planned for the afternoon.

DATE & TIME

FRIDAY 13th SEPTEMBER 2019
8.30AM - 4.30PM

VENUE

MELBOURNE EXHIBITION & CONVENTION CENTRE
1 Convention Centre Pl, South Wharf VIC 3006

COST

$ 295
Student or Eastern Health staff discount may be available.

CONTACT

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WEB SITE

www.spectrumbpd.com.au

REGISTRATION LINK

Disorder (ISSPD) and the recipient of the 2017 Award for Distinguished Service to Clinical Psychology. He has published extensively on the treatment of severe mental disorders, principally personality disorder. He is currently a Professor and Head of the Division of Personality Disorder Research at Orygen, the National Centre of Excellence in Youth Mental Health and a Professorial Fellow at the Centre for Youth Mental Health, the University of Melbourne. He is also Director of Clinical Services at Orygen Youth in Melbourne. Andrew's clinical, research and knowledge translation interests lie in prevention and early intervention for severe mental disorders, principally personality disorder. He is a past President of the International Society for the Study of Personality Disorder (ISSPD) and the recipient of the 2017 Award for Distinguished Achievement in the Field of Severe Personality Disorder.

**ASSOCIATE PROFESSOR SATHYA RAO**

Associate Professor Rao has been a psychiatrist and a psychotherapist since 1991 and has specialised in the personality disorder field for over 20 years. He is the Executive Clinical Director of Spectrum. He has co-authored the NHMRC clinical practice guidelines for Management of BPD. He is a passionate advocate for people with personality disorder and is the Vice President of the Australian BPD Foundation.

**DR LOUISE McCUTCHEON**

Dr Louise McCutcheon is a clinical psychologist and jointly founded the evidence-based Helping Young People Early (HYPE) program, an early intervention program for BPD in young people, at Orygen Youth Health which she coordinated for 12 years. In her current role as Senior Program Manager in the Research & Translation Division of Orygen, the National Centre of Excellence in Youth Mental Health, she works with mental health services in Australia and internationally to implement evidence-based programs using a structured general approach called Relational Clinical Care for young people with BPD.

**DR HEMALATHA JAYARAM**

Dr Hemalatha Jayaram is a Senior Clinical Psychologist and academic and has worked for more than a decade in aged persons mental health at Eastern Health. Hema also runs a psychotherapy clinic for the elderly at Normanby House in St George’s Hospital, for many patients diagnosed with chronic suicide risk and/or personality disorder. Hema is an Adjunct Research Fellow with Swinburne University of Technology where she supervises postgraduate students in the clinical psychology program and contributes substantially to their Wellbeing Clinic for Older Adults. Hema has a keen interest in working with personality disorder in older adults and is currently a research member on a multi-site research project with Spectrum, St George’s and Eastern Health.

**PROFESSOR LOUISE NEWMAN AM**

Louise Newman is the Director of the Centre for Women’s Mental Health at the Royal Women's Hospital and Professor of Psychiatry at the University of Melbourne. She is a practising infant psychiatrist with expertise in the area of disorders of early parenting and attachment difficulties in infant. Professor Newman is widely published in the areas of infant mental health, attachment disorders, trauma and prevention of child abuse. She has researched issues faced by parents with histories of early trauma and neglect and is currently investigating infant-parent interventions in high-risk populations, the concept of parental reflective functioning in mothers with borderline personality disorder and the neurobiology of parenting disturbances. Previously she held senior positions at several distinguished organisations. She is the Convenor of Doctors for Justice and the Asylum Seeker Advocacy Group. In 2011 she was appointed as a member of the Order of Australia for work in child protection and asylum seeker advocacy.