



Personality Disorder Service

## Spectrum's Research Forum

### Program

Date: 19<sup>th</sup> November 2021

TIME (AEST)	TITLE
10:00 – 10:05	<b>Welcome Address</b> Mr David Plunkett, CEO of Eastern Health
10:05 – 10:25	<b>An overview of Spectrum Research and The Spectrum Research Program</b> Assoc Prof Sathya Rao, Executive Clinical Director, Spectrum Assoc Prof Jillian Broadbear, Head of Research & Innovation, Spectrum
10:25 – 10:35	<b>Launch of Spectrum's Research Strategy and its context within Eastern Health's Research Strategy</b> Assoc Prof Alison Dwyer, Chief Medical Officer of Eastern Health
10:35 – 11:20	<b>Keynote Address:</b> Current challenges and opportunities in the treatment of personality disorders <b>Presenter:</b> Professor Brin Grenyer (Project Air)
11:20 – 11:30	<b>Morning Tea Break</b>
11:30 – 12:25	<b>Keynote address:</b> The multi-faceted nature of trauma for refugees and asylum seekers <b>Presenter:</b> Professor Suresh Sundram (Monash University) Launch of the Centre for Personality Disorder and Complex Trauma
12:25 – 1:00	<b>Lunch Break</b>
1:00 – 2:50	<b>Rapid Fire Presentations</b> <b>Moderator:</b> Assoc Prof Jillian Broadbear  <b>Rapid-fire presenters:</b> Dr Helen Mildred – Methodologies, Mentoring and Manuscripts. A research partnership between Spectrum and Deakin University School of Psychology (10 min) Dr Fiona Donald – Ultra brief ACT treatment for BPD – Can it work? (10 min) Dr Dervila Gec – Intensive Group Intervention – a population-based treatment approach? (10 min) A/Prof Sathya Rao – “Feeling suicidal to survive”- A Personality Disorder audit using

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	<p>the Victorian Suicide Registry (10 min)</p> <p>Dr Lukas Cheney – Neurodiversity and personality disorders (10 min)</p> <p>Dr Mithira Nithianandan – Confidence of psychiatry trainees in diagnosing, supporting, and treating borderline personality disorder (10 min)</p> <p>Dr Aghareed Al-Qassab – Preliminary findings from the Spectrum Evaluation Program (10 min)</p> <p>Dr Nitin Dharwadkar – Telehealth and well-being during COVID (10 min)</p> <p>Dr Pari Heidari – Personality Disorder Initiative: Baseline survey of Victorian mental health clinicians (10 min)</p> <p>Ms Rita Brown – Carer-designed and led workshop for families (10 min)</p>
<b>2:50 – 3:00</b>	<b>Afternoon Tea Break</b>
<b>3:00-3:20</b>	<p><b>Presentation:</b> Trauma, Dissociation and Hallucinations</p> <p><b>Presenter:</b> Assoc Professor Josephine Beatson</p>
<b>3:20 – 3:40</b>	<p><b>Presentation:</b> Diagnosing BPD in Older Adults</p> <p><b>Presenters:</b> Dr Hema Jayaram and Dr Francine Moss</p>
<b>3:40-4:00</b>	<p><b>Presentation:</b> Improving the response to and management of patients with BPD in emergency departments</p> <p><b>Presenters:</b> Assoc Prof Judy Hope</p>
<b>4:00</b>	<b>Official close</b>