

Complexities in Personality Disorder: A Mentalization-Based Treatment (MBT) Approach Program

Date: Friday, 1st October 2021

Online: A link will be provided a few days before the event

| TIME (AEST) | TITLE |
|------------------------|---|
| 9.00 - 9.15 am | Welcome Address Assoc Prof Sathya Rao , Executive Clinical Director, Spectrum |
| 9.15 - 10.15 am | Keynote address: Mentalizing capacity – An instigator for change for people with Borderline Personality Disorder Prof Anthony Bateman , Consultant for Anna Freud Centre, London; Visiting Professor University College, London; Honorary Professor in Psychotherapy University of Copenhagen, UK |
| 10.15 - 10.35 am | Morning Tea break |
| 10.35 -11.15 am | Title: Moving from complexity to coherence Presenter: Dr Julian Nesci, Clinical psychologist, Accredited MBT supervisor, Senior MBT clinician, Spectrum, Melbourne, VIC |
| 11.15 – 11.55 pm | Title: Mentalizing systems -The best therapy is what your case manager can offer Presenter: Dr Siddhartha Dutta, Director Adult Mental Health, GV Health, Shepparton, VIC |
| 11.55 - 12.05 pm | Rapid Fire Title: Imperfect implementation: A tale of hope for the ordinary, well-intentioned service Presenter: Dr Matthew Ruggiero, Counselling Psychologist, Lifespan Psychology Centre, Leederville, WA |
| 12.05 - 12.15 pm | Rapid Fire Title: Adapting to the needs of youth living in rural Victoria using an MBT approach Presenter: Kalina Clarke, Personality Disorder Clinician, Bridie Carlisle, Senior Clinician, Melissa Bradshaw, Senior Clinician, GV Area Mental Health Service, Shepparton, VIC |
| 12.15 – 12.30 pm | Rapid Fire Title: Reflections on the implementation of the MBT-FACTS Program at Alfred Child and Youth Mental Health Service (CYMHS) and Qualitative outcomes from the perspective of young people. Presenter: Dr Celeste Benetti, Senior Clinical Psychologist, Accredited MBT Supervisor, Alfred CYMHS, Melbourne, VIC |
| 12.30 - 1.15 pm | Lunch break |

| TIME (AEST) | TITLE |
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| 1.15 - 2.15 pm | <p>Lived Experienced Panel Discussion Chair: Andrew Mottram, Clinical psychologist, Accredited MBT supervisor, Senior MBT clinician, Spectrum, Melbourne, VIC Panel: Two graduates of Spectrum’s MBT program and Spectrum’s Carer Consultant and BPD advocate Rita Brown.</p> |
| 2.15 – 2.55 pm | <p>Title: MBT for high risk adolescents and their parents/carers and networks Presenter: Dr Michael Daubney, Medical Director of Adolescent Extended Treatment Community CHQ HHS; Consultant psychiatrist to Fraser Coast Assertive Mobile Youth Outreach Service, QLD</p> |
| 2.55 - 3.15 pm | Afternoon Tea break |
| 3.15 – 4.15 pm | <p>Key note address: The Role of Mentalizing for people with Antisocial Personality Disorder or Narcissistic Personality Disorder Prof Anthony Bateman, Consultant for Anna Freud Centre, London; Visiting Professor University College, London; Honorary Professor in Psychotherapy University of Copenhagen, UK</p> |
| 4.15 - 4.30pm | <p>Question & Answers Close</p> |

***Program subject to change**